

# SERMON OUTLINE Psalm 77

Remember, Ponder & Meditate in The Day of Trouble

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## ***INTRODUCTION***

## ***THE SITUATION (1-4)***

## ***THE FIRST RESPONSE (5-6)***

## ***THE QUESTIONS (7-9)***

## ***THE SECOND RESPONSE (10-15)***

# SERMON DISCUSSION QUESTIONS

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## MAIN POINT

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In your day of trouble (whether it be a result of sin or trials), remember, ponder and meditate on specific truths and promises from God's Word to help you believe and feel what is true and wonderful.

## DISCUSSION QUESTIONS

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1. What were your thoughts on the text/sermon? What most stood out? How was it helpful? Confusing?
2. Have you been in a season of darkness and doubt? How did you handle it and walk through it?
3. Are you going through a season right now of darkness and doubt?
4. Do you have a passage(s) of Scripture that you have gone to time and again to help you know and feel the truth of God's Word?

## AREAS OF APPLICATION

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5. What passage of Scripture will you commit to remembering, pondering and meditating over?
6. What practical ways can you help yourself and your family remember the deeds of the Lord?
7. What will you resolve to do this week in light of the sermon?

## PRAYER POINTS

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8. Adoration. Praise God for his Word! What an amazing reality that he has given us the Bible to know him and who he is.
9. Confession. Confess where you have run to other things as a comfort to you in the day of trouble.
10. Thanksgiving. Thank God that whether we feel his presence or not in hard times, his steadfast love endures forever. Thank him that he gave us Psalm 77 as a light to our path.
11. Supplication. Ask God to make us a people that is willing to remember, ponder and meditate on God's Word. We live in an age of enormous distraction. May we be a people of the Word.