

SERMON OUTLINE Psalm 40

Song of the Saints – Salvation Through Christ, our Hope and Deliverer

Songs of the Past make way for a Future Song

Psalm 40 – David recalling salvation

Praise: David Responds to God's Deliverance with Praise (vs. 1-5)

David's Prayer and Deliverance (vv. 1-2)

David's Response of Praise (vv. 3-5)

Posture: David Responds to God's Deliverance with a Posture of Obedience (vs. 6-8)

Proclamation: David Responds to God's Deliverance by Proclaiming the Salvation and Character of God to Others (vs. 9-11)

Prayer: David Responds to God's Deliverance with Prayer for Further Deliverance (vs. 12-17)

God's Deliverance puts a new song in our mouth (Revelation 5)

SERMON DISCUSSION QUESTIONS

MAIN POINT

The Main Point is that God's salvation rescues helpless sinners and produces a transformed life marked by praise, obedience, proclamation, and continued dependence on Him. The main takeaway, therefore, is that since God has lifted us out of the deepest pit through Christ, we should respond with joyful worship, wholehearted obedience, bold witness, and confident trust in Him as our ongoing Deliverer.

DISCUSSION QUESTIONS

1. David describes being in a "pit of destruction" and a "miry bog" (vv. 1–2). How does that imagery help us understand our condition apart from God's saving work?
2. What does it mean to "wait patiently for the Lord," and how is that different from passive waiting or resignation?
3. David says God put a new song in his mouth (v. 3). How has salvation changed the way you worship or speak about God?
4. In verses 6–8, David emphasizes obedience over religious ritual. Where are we most tempted to substitute activity for true devotion?
5. What does it look like to delight in God's will rather than merely submit to it?
6. David refuses to keep God's deliverance private (vv. 9–10). What keeps believers today from openly speaking about God's salvation?
7. How does remembering past deliverance strengthen faith in present trials (vv. 12–13)?
8. David holds both confidence and need together—"The Lord takes thought for me" (v. 17). Why is this balance important for a healthy Christian life?
9. How does Psalm 40 prepare our hearts not just to celebrate Christmas past, but to long for the "greater Christmas" still to come?

AREAS OF APPLICATION

10. Identify an area of your life where God is asking you to wait and intentionally trust His timing this week.
11. Make space daily to rehearse specific ways God has already rescued and sustained you. Journal them.
12. Ask where your faith has become routine or merely external, and seek renewed heart-level obedience. Share this with a couple faithful friends for prayer and accountability.
13. Share with at least one person how God has rescued you—without embellishment or fear.
14. Let gratitude for salvation shape your tone, priorities, and responses this week at home, work, and in the community.
15. When guilt or fear resurfaces, remember that the deepest pit—sin and judgment—has already been conquered.
16. Let the future "new song" of Revelation 5 fuel present faithfulness and joy.

PRAYER POINTS

1. Adoration. Praise God for being a Deliverer who hears the cries of the helpless. Worship Christ worthy of all glory and honor.
2. Confess. Confess areas where you rely on religious activity rather than heartfelt obedience.
3. Thanksgiving. Thank God for the "new song" of salvation placed in your heart through Christ. Express gratitude for past rescues that continue to strengthen present faith.
4. Supplication. Ask God for renewed trust and perseverance in current trials. Pray for boldness to speak of Christ's salvation to those still in need of rescue.