

# DISCIPLESHIP track

Gospel › Women

## for **Women**

While all people everywhere are called to follow Jesus in many common ways, There are also unique ways in which God calls certain groups of people to follow Jesus. Women are one such group. As we combed Scripture, we gathered together the distinct commands, virtues, descriptions, and categories of what it means to be a Christian *woman*. We've settled on four unique categories for godly femininity: helpers, life-givers, ladies, and managers. The purpose of this track is to help guide you through these specifics of feminine Christ-following.

### consider.

- What are the unique ways that Scripture calls women to follow Jesus?
- What/whom has shaped your view of biblical femininity?
- What are some struggles that women face as they seek to follow Jesus?
- What does it look like to respect and respond to the leading of Christ?
- What comes to mind when you hear the word submission? Modesty?
- What does it look like to manage a home well?

### read.

- *Let Me Be a Woman*, Elisabeth Elliot
- *Feminine Appeal*, Carolyn Mahaney

### pray.

#### Ask God to...

- give you an open mind towards, an appreciation for, and joy in your calling in life.
- show you any wrong thinking or habits in regards to biblical femininity.
- help you change any wrong attitudes or actions.
- give you a desire to teach "younger" women to fulfill the Titus 2 mandate.
- give you a heart of compassion to help and serve others well.
- help you to have a home that reflects God's glory.

### do.

- Memorize Genesis 2:18-25
- Find someone with a real need and meet it.
- Put together a plan for managing your house or evaluate the one you have (cleaning, organizing, feeding, clothing, finances, etc.).
- Set some specific goals to stay at your best spiritually, in appearance, and health.
- Meet with another woman one-to-one regularly for a set period of time.
- Commit to using your words to encourage and teach.
- Keep track of your use of time for two weeks.



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#### For Further Reading...

*The Excellent Wife*, Martha Pearce (marriage roles)  
*The Christian Homemaker's Handbook*, Dorothy Kelley Patterson (practical homemaking)  
*Growing Together: Taking Mentoring beyond Small Talk and Prayer Requests*, Melissa Kruger

# **purpose.**

The primary call on all our lives is to glorify God by following Jesus in the power of the Holy Spirit. The desire and ability to live out this call are the result of a beautiful merging of God's sovereign grace and our dependent effort. At Grace Church we are committed to coming alongside anyone who is interested in examining and accepting this call. It is our joy to follow Jesus with you.

# **covenant.**

One of the most popular and tragic counterfeit versions of Christianity in existence today is the one which suggests that people can choose to follow Jesus to some (or even most) of the places that he goes—that people can come to Jesus on their own terms. Throughout the time of his ministry, however, Jesus made it plain that people would follow him wherever he might lead them and whatever it might cost them or they would not follow him at all (i.e. Matthew 8:19-22; Luke 14:25-33). Jesus will meet us wherever we are but he alone determines where we're going. Indeed, the bible makes plain the fact that there is a high cost to following Jesus. But the bible also makes plain that the reward is incomparably greater (Matthew 13:44) and that the strength to do so comes ultimately from God (Philippians 2:12-13).

Consequently, we want to mutually enter into a covenant—an agreement that is serious and significant. Before agreeing to begin this discipleship track, know that it should only be entered into after much prayer (with your spouse if you are married), consideration, and with a whole heart. It may bring spiritual challenges but it will most certainly bring God's help and reward.

- I agree to finish this discipleship track. Given the significant investment that others are making in me I acknowledge the need for punctuality and uninterrupted attendance.
- I agree to be honest and forthright—speaking the truth in love and being willing to receive feedback, even if it hurts. We can only help each other if we are willing to be transparent and vulnerable.
- I commit to completing assignments and coming prepared to engage fully.
- I commit to consistent prayer for the person that I'm meeting with.
- I commit to the consistent disciplines of reading God's Word and prayer during this discipleship track.
- Finally, I commit to leading at least one other person through this discipleship track in the future.

In short, we're asking you to commit to taking this seriously and sharing it with at least one other person as an expression of your love for God and the calling He's placed on your life.

Signed: \_\_\_\_\_ Date: \_\_\_\_\_